



**FOR  
Parents**

### **Week 3 - Discipline**

- On a scale of 1 to 5, how do you feel you are currently doing with discipline? (1 = Striking out / 5 = Knocking it out of the park)
- Which of the 4 “Be’s” is easier for you? Which is harder? What is one thing you can do to improve in that area?
- How can you lay the groundwork for your kids to obey you without breaking their spirits?
- What is your kid’s currency? How can you find out what it is?
- What are some things you can do to discipline well in your kid’s current stage? [The Foundation Stage (1-5); The Teaching Stage (5-12); The Coaching Stage (12-18)]

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### **Icebreaker:**

- Share a time when you were torn between laughing and disciplining your child.
- What’s the most random thing you’ve had to say to your child? (“Your poop is not an art supply!” “Stop eating the dog food!”)
- What is something your mom/dad said to you that you find yourself saying to your kids?

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